

Why do an intervention?

You care about someone who is harmfully involved with drugs or alcohol. Because addiction is a disease of denial, your loved one may be unaware of all that is happening.

We have all tried angry outbursts, nagging, threatening, crying, fixing and scolding in an effort to get the person to quit drinking or using. It just doesn't work. It feels hopeless—as if nothing will ever change. **But there is hope!**

An intervention is an effective way to help the alcoholic/addict get help for their disease. **It is a time where you—the important people in the user's life—present reality in a loving and respectful manner and ask your loved one to begin their road to recovery.**

3-Part Intervention Package

1. Pre intervention Work \$250.
2. Intervention \$750.
3. Post intervention Support \$250.

Fees:

Some Blue Cross Blue Shield insurance plans will cover interventions. Check your policy.

If you are struggling financially, speak with the office manager to make arrangements.

Role of the Counselor

- Help family and friends determine if an intervention is appropriate.
- Provide education on the disease of addiction and how it affects others.
- Provide input on who should participate and who should not.
- Help determine an appropriate treatment facility, taking into consideration insurance concerns.
- Make arrangements for the addiction assessment.
- Direct rehearsal, that might include suggesting changes that might be needed in each individual's delivery.
- Prepare for contingencies and assign roles.
- Facilitate intervention, intervene as necessary.
- Provide follow up support and aid with other issues that might arise.

**CALL US TODAY
TO CHANGE YOUR TOMORROW**



Lost and
FOUND
Recovery Center

Invitation to Recovery

*"Help for those lost in
another's addiction"*

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WHAT DOES AN INTERVENTION LOOK LIKE?

What happens before the actual intervention?

You have spent years agonizing over your loved one's substance abuse. To face the pain is intense and emotional—for all of you. Lost and Found prepares you so you can lovingly and respectfully confront your loved one's addiction. You will experience a deep sense of relief and empowerment as you all work together to bring a new sense of life to the situation. You are no longer alone.

What success can I expect?

With help from a professional interventionist at Lost and Found, 90% of those confronted agree to go for help. However there is no guarantee. No matter the outcome on that day, you will feel better knowing that you did all that you could.

What do you need from me?

It may take several meetings to prepare. You can meet at Lost and Found offices, by Skype or phone, or in another safe place. You will have a rehearsal to prepare for the event itself. You make arrangements to get your loved one to the intervention. The counselor will work closely with you and a treatment center to make immediate arrangements for help for your loved one after the Intervention.

What happens at the intervention?

Surprisingly, the intervention itself does not take too long. You and your team come prepared, clearly say what you need to say, what you want to see happen, what you each will do if the person decides to continue with their use, and what you hope life will look like in recovery. If your loved one agrees to go to an evaluation, you can then take him to the agreed-upon center for the next step.

What happens after the intervention?

You have just been through an emotional time. Lost and Found will walk with you through this part, too. This can be done as a group, in smaller numbers, or individually. We can also do this by Skype or phone—whatever works. This is a great time to review what you said to your loved one and make plans to work together towards a new life in recovery.

THREE PART PACKAGE

Full package cost is \$1250 for a usual 10 hour process. Additional hours available for a fee. The head interventionist is a licensed professional counselor with years of intervention experience. A recovery coach--who has lived through addiction and into recovery--is also available to offer guidance from their lived-experience of hope.

1. Pre-Intervention Assessment: This is the initial group meeting with the intervention team including family feelings about doing an intervention and suitability of the loved one for an intervention. Discussion of possible solutions. Two hours, \$250. Skype meetings can also be arranged.

2. Building the Team: The intervention team starts to meet and may include family members, friends, colleagues, etc. With guided professional help, family members can begin their own time of healing from years of pain and anger. Letters are written to the loved one and shared with each other before the intervention.

An intervention is never guaranteed to produce a particular result--but it does move the family forward on their own path to strength and healing. Truly invaluable and life-changing (just ask the hundreds of people who have used our services!). \$750

3. The Intervention: This is the actual event where family and friends gather to read their letters to their loved one and encourage him/her to go to treatment or take action. The results are never guaranteed, but **you** can know you have done all you could. The family and interventionist can accompany the loved one to the treatment facility if the person agrees. \$250 due before the intervention.

Behind the scenes: The interventionist is working with individual team members as needed by phone or in person, another team member is finding the right treatment and evaluation situation for the loved one, and Lost and Found Recovery Center is available for supportive materials and prayer.

The intervention team is available for individual counseling and support after the intervention, too