

# Project



Arts | Creativity | Teamwork



**Lost and Found Ministry and reGROUP: Peer Advocates for Addiction Recovery are pleased to offer interactive, hands-on, experiential learning opportunities for your group, classroom, staff retreat, or business meeting—for any age. Thought-provoking, experiential fun with a purpose!**

## **What is Addiction and How Does it Affect Those Around Me?**

—covers what addiction is and how it can affect not only the person addicted, but those in their life.

## **Drugs and Addiction: How Do You Say No?**

—addresses addiction, and helps students practice saying no when offered drugs or alcohol.

## **Build-A-Brain: Neurons v. Drugs**

— an interactive explanation of how different drugs and alcohol affect the brain at a cellular level.

## **Marijuana: Miracle Drug or Imposter?**

—looks at the scientifically based facts vs the urban myths that surround marijuana use.

## **Breaking Down Bullying: What Can a Bystander Do?**

—explains the dynamics of bullying and empowers bystanders to take action

## **More Than Just Words: Communicating as a Whole Person**

—explores communication encompassing body language, facial expression, tone, and words through dramatic games and discussion.

## **The Strongest Link: Team Building**

—takes participants through a variety of team building exercises focusing on building a strong team.

## **Too Much Pressure: How to Handle Stress?**

—gives students positive techniques for managing stress while exploring the effects that stress.

*Suggested Topics: Don't find it here? Call us and Let Us Build One for You!*

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